

Medication importation and accessibility

Team physicians should carry a list with all medications they are bringing with them for use with athletes / delegations. All medication has to be cleared at customs. The Ministry of Public Health (MOPH) has a pharmacist at the airport to facilitate drug clearance at customs.

This list should be submitted in advance electronically to:

Dr. Issameldien Hamid Mohammed Ahmed
Chief Pharmacist
Ministry of Public Health
email: iahmed2@moph.gov.qa

We recommend to you to copy the Aspetar pharmacy (pharmacy@aspetar.com) so that they may assist you as needed.

- If you intend to import controlled drugs you should list these preferably separately, so that the MOPH may issue an import certificate. A list of controlled drugs in Qatar can be found at: <http://almeezan.qa/ClarificationsNoteDetails.aspx?id=4390&language=en>. Laws and Regulations involving medications are updated from time to time. Contact the MOPH for the most up to date information.
- If you intend to import drugs on the WADA Prohibited List, this should be accompanied by the respective TUE or a statement that these are meant for emergency use.
- There is no limit with regard to the quantity of the drugs you intend to import, even though we advise that this should be adequate for the size of the delegation and the duration of stay
- Remains of drugs after the end of the competition may be exported without restriction.
- **Important note:** In Qatar, the vast majority of drugs are available over the counter without the need for a prescription. Exceptions to this include –
 - Antibiotics,
 - Controlled drugs including benzodiazepines, narcotics and testosterone hormones;
 - Corticosteroids including tablets and local application forms, except Hydrocortisone topical 0.1% and hydrocortisone butyrate cream / ointment/ lotion;
 - Thyroxine and its derivatives;
 - Antidepressants (all classes);
 - Dextromethorphan.

In case you are in need of any of the above, Team Medical Staff may coordinate with the Chief Medical Officer, or Aspetar Pharmacy, who are usually in a position to provide the requested drugs or adequate substitutes to you usually within six hours.